



TOP PERFORMER

FINAL TEST RESULTS

UFTL GIRLS FLAG PROSPECT CAMP/TRYOUT (FORT LAUDERDALE)

DATE: JUNE 21

***IS AWARDED FOR THE FOLLOWING
AND WILL BE AWARDED 3-5 RECRUITIN STARS

THIS LIST IS IN ALPHABETICAL ORDER BY FIRST NAME ONLY (NOT BY CAMP #)

- EARNING COLLEGE OFFER/INTEREST
- TOP TEST RESULTS/CONTEST WINNERS
- TOP POSITION SKILLS/FUNDAMENTALS
- TOP ATTITUDE/EFFORT/ENERGY

***To Update Information Send Email To Coachjohnson2828@gmail.com

***SEE BOTTOM OF LIST FOR REMINDERS TO IMPROVE ATHLETIC PERFORMANCE

		NAME	20YD	SHUTTLE	LDRILL	BEST TEST RESULTS
	RATING					
1	4 STAR	Adrianna Anderson	3.16	4.91	9.35	OFFERED
2	4 STAR	Ah'Zyah Wimberly	3.47	5.26	7.94	OFFERED
3	4 STAR	Ari'yana Kirksey	3.19	5.06	7.97	OFFERED
4	4 STAR	Daija Rogers	3.51	5.61	8.83	OFFERED
5	4 STAR	Danice Jordan	3.53	5.51	8.41	OFFERED
6	4 STAR	Denylah Smalls	2.91	4.61	7.45	OFFERED
7	4 STAR	Diamond Cooper	3.37	5.48	8.76	OFFERED
8	4 STAR	Elanie McKinnie	3.38	5.11	8.27	OFFERED
9	4 STAR	Ella Dover	3.41	6.21	8.22	OFFERED
10	4 STAR	Gabriella Acevedo	3.44	5.43	8.28	OFFERED
11	4 STAR	Gianna Frelove	3.09	5.01	7.99	OFFERED
12	4 STAR	Jessani Wilkins	3.11	4.91	8.16	OFFERED
13	4 STAR	Kaitlin Tansiel	2.94	5.05	7.52	OFFERED
14	4 STAR	Khloe Tansiel	2.93	4.58	7.47	OFFERED
15	4 STAR	Lauren Hall	3.13	5.31	7.72	OFFERED
16	4 STAR	Maeson Frost	3.12	5.12	8.07	OFFERED
17	3 STAR	Millana Fiannis	4.03	5.86	9.95	TOP PERFORMER
18	4 STAR	Molly Rast-Danie	3.43	5.13	8.23	OFFERED
19	4 STAR	Morgan Hetzel	3.17	4.92	7.51	OFFERED
20	4 STAR	Nyvenskah Mondelus	3.16	4.88	8.06	OFFERED
21	4 STAR	Samantha Musgrave	3.66	5.51	8.17	OFFERED
22	4 STAR	Sanai Benson	3.06	5.41	7.51	OFFERED
24	4 STAR	Sandra Funderburk	3.16	4.79	7.75	OFFERED
25	4 STAR	Shamya Baker	3.34	5.38	8.49	OFFERED
26	4 STAR	Sofia Burgos	3.23	4.87	7.95	OFFERED
27	4 STAR	Sophia Beyra	3.13	4.68	8.09	OFFERED
28	4 STAR	Tamia Searls	3.22	4.99	8.02	OFFERED
29	4 STAR	Unique Williams	3.41	5.31	8.36	OFFERED

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Athletic Performance Reminder

****Both 40YD Sprint & SHUTTLE should improve every time you get tests if you are training appropriately*

(Which should always include a balance of Flexibility, Speed, Strength, Sports Nutrition & Rest//Recovery/Sleep)

SEE YOU AT THE NEXT PROSPECT CAMP FOR RE-TEST & EARN HIGHER STAR RATING!!!